

Our Mission

Our mission is to develop friendships that lead to **spiritual growth**.

We Believe that **Spiritual Growth** is achieved by incorporating each of these 4 “Pillars” into our daily lives:

- ◆ Genuinely **ENCOUNTERING** Jesus.
- ◆ Honestly **EVALUATING** ourselves.
- ◆ Authentically **ENGAGING** in healthy relationships.
- ◆ Sincerely **EXPRESSING** our love through serving.

As we live our lives practicing these things we will continue to grow closer to Christ.

Everything we do in our Small Groups Ministry is created with this goal in mind.

Frequently Asked Questions

What is a Small Group?

A Small Group is a home fellowship made up of 10-14 people who meet weekly to share, study, and support one another. A trained leader and host lead each group. An average meeting lasts for an hour and a half, followed by light refreshments.

How Important Are Small Groups?

Small Groups are one of the most important aspects of our church. It's where we study God's Word while also supporting one another and sharing our lives with one another. Our goal each year is to have at least 80% of our adults involved on a weekly basis.

When and Where Do They Meet?

Small Groups meet on various nights of the week in homes throughout Southern Maine and beyond. Some groups meet at the church as well. Most evening groups meet from 6:30-8:30 pm. Times vary for groups that meet during the day.

How Long is each semester?

Each Small Group session lasts 8-10 weeks. We have Fall, Winter & Spring sessions. At the end of each session, you will have the choice of staying in the same group, trying a new group or even taking a break. Most groups stay together throughout the entire year. Small Groups do not meet June through August.

What is the Required Commitment?

Joining a Small Group requires 10 weeks of committed attendance and weekly homework. Obviously, allowances are made for sickness, vacation, work conflicts and other special events. This commitment is the key to a strong Small Group. The first three weeks give opportunity to attend the group to make sure it's a good fit for you. At that point, each group member will make a commitment to finish the semester.

Frequently Asked Questions

What Will We Study?

Most of the studies are based on the previous weekend's message. These "sermon-based" Small Groups are built on what we call a "Lecture-Lab" model. Imagine the weekend message as a lecture on Christian living, and the Small Group as a lab where you get to roll up your sleeves and discuss how the weekend's message works in real life. Each week there will be a series of Bible passages and questions on the back of the sermon note sheet to study before the meeting.

What About Child Care?

Small Groups are for adults only. (Exceptions can be made for nursing newborns, up to six months.) We leave it up to each family to work out their own child care. Sometimes it works best for families to share a sitter or to swap child care with another family who's Small Group meets on a different evening. Child care is available for our Sunday Night Family Groups. These groups are geared toward Marriage, Dating, Parenting, and Finances. These groups gather at 3:00 on Sunday afternoons.

How Do I Choose A Group?

When selecting a group, we strongly recommend you choose a group based on its leader-host team, rather than its location. Over the years, we've found that groups do best when members share a common station-in-life and other interests with their leaders, hosts, and other group members. In the end, you'll find it's worth the drive! If you have any questions (especially if you are new to New Life Church), please don't hesitate to call the church, and we will gladly assist you. Keep in mind that it might take some time to find the perfect Small group, but you will know that it's worth the wait!

How Do I Sign Up For A Small Group?

We offer sign-ups for Small Groups during the weekend services before each of our Small Group Sessions begin. There are Small Group Staff members available at the sign-up booths to help you choose a group and answer any questions. Also, you can call the Small Group office at any time to speak to Pastor Matt, the Small Group pastor, who can assist you in finding and signing up for a group, or answer any questions. Call Pastor Matt at 207-284-4840 or email him at matt.osgood@newlifemaine.org.

Dear New Life Friends,

I am so excited about the possibilities for every person to be connected to a small group. In your hands is our small group directory. I hope this will help each of you find a place to share life together. We know that living the Christian life is so much more than simply attending a weekend service. Real life happens outside the walls of the church. Small groups are a way to connect yourself with others who will help you on your walk with God. No matter where we are in our journey, it is always a bit easier if we are living life in a group of friends. That is why I encourage every person at New Life to dive into a small group.

This directory should make it possible to find a place where you can build relationship with Christ and others. Take the time to become a part of what God is doing at New Life. You will not regret it! God Bless You!



-Pastor Jeff

Discover 101

What does it mean to be a member of New Life Church? Whether you are a long time member or brand new to New Life, this 4-week class—taught by Pastor Jeff and Pastor Matt— will help you better understand who WE are and how YOU fit! This is a great opportunity to meet new people and find out what New Life is all about!

FMI Contact Pastor Matt @
207.284.4840 or
matt.osgood@newlifemaine.org



Day: Sundays
Time: 10-11 am
Place: New Life Church
Open to: All
Dates: Feb. 19th to
March 11th
AND
April 29th to
May 20th

Starting Point

What is Starting Point?

Starting Point is a conversational environment where people can explore faith and experience community. Starting Point groups are a safe place for people with questions about faith, as well as those who want to learn about the Bible and Christianity. Groups meet for about 10 weeks and together explore the grand story of the Bible. One of the goals of Starting Point is to help participants find their places in the story.

Who is Starting Point for?

There are three main types of people for whom Starting Point is designed:

- Seekers - those who are curious about God, Jesus, the Bible, or Christianity.
- Starters - those who are new to a relationship with Jesus Christ.
- Returners - those who have some church experience, but have been away for a while.

What is the size of a typical group?

Starting Point groups are typically ten to twelve participants and two to four leaders (for a maximum of sixteen people). Each group has at least two leader units (one leader unit is one person or a married couple).

What do group members use to participate in Starting Point?

Each group member utilizes a Starting Point Conversation Guide, which contains ten chapters of content and ten teaching messages on five audio CDs. During the course of each week, participants:

1. Listen to the audio message.
2. Use the Conversation Guide to journal thoughts and answer questions on how themes connect with their lives.
3. Meet in their Starting Point groups to explore and share what they are learning.

**Leaders: Ryan & Kellie Morrison
Mark & Lindsey Allen**

**FMI Contact Pastor Matt at
207-284-4840
or matt.osgood@newlifemaine.org**

**Day: Sundays
Time: 10:15-11:30 am
Place: New Life Church
Open to: All
Begins: March 4**



CORE: Leadership Development

At the heart of every great church you will find people who are the "CORE". They give. They serve. They sacrifice. They do this because of their love for God and for His church. We want to celebrate these people here at New Life. If you serve in any capacity, this is a time specifically for you. This is a time of encouragement, a time of inspiration, a time of celebration, and camaraderie.

At CORE, we will not only grow in our leadership skills, but we will be mutually inspired to continue running the race that is set before us. After the meeting we will have a time of fellowship with pizza and drinks. Free childcare is also provided for these events.

Thanks so much for being a part of ministry here at New Life!



Dates: Sunday, February 26th
Sunday, May 20th
Time: 6:00 - 7:30 p.m.
Place: New Life Auditorium
Open to: Anyone who serves at New Life

Encounter

Encounter is a journey to set people free from the hindrances of their past and into the fullness of the Father's love. It is a 12 week course with a weekend retreat included. Commit yourself and watch what God will do in you! You will never be the same again!

This semester our Encounter Groups are being tailored for our high school students



Men's Leader:
Mike Butler
207.590.3209
notyourbutler@yahoo.com



Women's Leader:
Dottie Welsh
207.929.6652
revwelsh@gmail.com

Post-Encounter Groups

Fathered By God

Becoming a man is the Great Trial of every man's life. But every male, young and old, finds himself on this journey. Though there are few who find their way through because we live in a time with very little direction and with few to show us the way. Join us as we journey together and learn what it means to be Fathered by God.

Day: Thursdays
Time: 6:30-8:30pm
Place: New Life
Open to: Men who have completed Encounter
Begins: March 29th

Leader: Dave Schoppee
207-329-8201
pse13@aol.com



Post-Encounter Groups

Boundaries

“When to say Yes, and how to say No”

In order to call ourselves good Christians we often times draw overly flexible or overly rigid boundaries. Come gain great insights and practical wisdom into the God-given gift of boundaries. This class gives us hope that we cannot only survive -- but thrive!

Day: Wednesdays
Time: 6:30-8:30pm
Place: New Life
Open to: Women who have completed Encounter
Begins: January 25th

Leader: Anne Osgood
207-676-4424
anne.osgood@hotmail.com



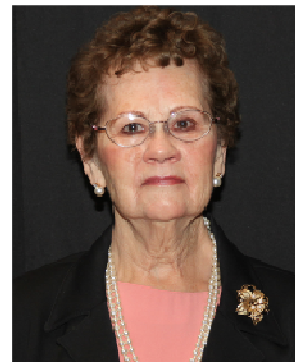
Esther

It's Tough Being a Woman

Join us for this study of the story of Esther. We will peel back the layers of history and show how applicable the story is to our lives today. Just as it was tough being a woman in Esther's day, it's tough today. If you've ever felt inadequate, threatened, or pushed into situations that seemed overpowering, this is the Bible study for you.

Day: Thursday
Time: 6:30-8:30pm
Place: New Life
Open to: Women who have completed Encounter
Begins: January 26th

Leader: Judy Perry
207-839-3328



Ongoing Groups

Keenagers

*For those who are young at heart
and mighty keen in spirit!*

OUR MISSION

- To help the senior adults find their gifting and calling in the body of Christ and to then to help them activate and implement their those gifts.
- To affirm the young, (impart wisdom)
- Tell your stories (impart knowledge)
- Pray for each other (activation)
- Build lasting relationships.

Leaders: Marty & Jody Wendt
207.439.3197
mrs828@comcast.net

Join us for our
Monthly Brunch!
**Day: 2nd Saturday of
each month**
Time: 9:30 - 11:30 am
Place: New Life
Open to: Adults 55+



The Most Excellent Way

*The Christian Solution to
Chemical Dependency*

Is your life dominated by addiction and/or compulsive behavior? Has your life been negatively affected by a loved one's self destructive behavior? The Most Excellent Way is the way to freedom through Jesus Christ. Come join us and break the chains of bondage and experience the transforming power of the Holy Spirit.

Leaders: Rick & Nikki Crowell
207.284.6244
nikkicrwl@yahoo.com

Day: Wednesdays
Time: 6:30-8:00pm
**Place: New Life
Room 111**
Open to: All
Begins: Ongoing



Sunday Night Family Groups

***“Unless the Lord builds the house,
Its builders labor in vain.”***

Psalm 127:1

What's it About?

Family is the foundation upon which lives are built. Our goal is to equip you with the tools you need to build a healthy, whole, God-centered family. Our Sunday Night Family Groups can get you started! In the past we have had classes on things like parenting, finances, marriage, and dating. This semester we have two available classes: one on finances and one on marriage.

Free childcare is provided, so sign up for one of these classes today and let God revolutionize your family!

Sunday Night Family Groups

Financial Peace University

Financial Peace University (FPU) consists of a 13-week video curriculum—taught by financial expert Dave Ramsey—that incorporates small-group discussions to encourage accountability and discipleship. *Financial Peace University* is highly entertaining for everyone, with a unique combination of humor, informative financial advice and biblical messages. More than one million families have already had their lives changed by attending FPU.

Day: Sundays
Time: 3:30-5:30pm
Place: New Life
Begins: Feb. 5th (runs 13 weeks)
Open to: All

Leaders:
William & Alida Hoyle
207-205-7439
williamhoylemusic@gmail.com

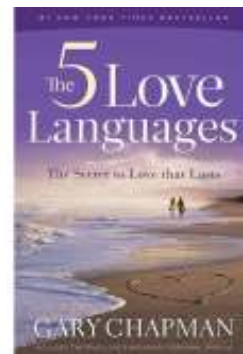


The Five Love Languages

Marriage should be based on love, right? But does it seem as though you and your spouse are speaking two different languages? In "The Five Love Languages" Dr. Gary Chapman guides couples in identifying, understanding, and speaking their spouse's primary love language—quality time, words of affirmation, gifts, acts of service, or physical touch. By learning the five love languages, you and your spouse will discover your unique love languages and learn practical steps in truly loving each other.

Day: Sundays
Time: 3:30-5:30pm
Place: New Life
Dates: Feb. 5th (runs 8 weeks)
Open to: Married and Engaged Couples

Leader:
Ed & Carie McMahon
207-324-7377
cariemcmahon@yahoo..com



Sermon Based Groups

Sermon Based Small Groups narrow the focus by **amplifying** and **applying** the message given each weekend. It's here that you'll anchor your life to other believers and the Word of God.

Here's how it works:
Each weekend you will get sermon notes & discussion guides with your bulletin. Take notes during the sermon, and then spend some time during the week (before your group) filling out the discussion guide. When your group meets you'll talk about the questions on the guide!

The following pages list the groups being offered this semester. Sign up today and build relationships that will take you higher in your walk with God!

Sermon Based Groups

Jeff & Darilynn Tarbox

Pastor Jeff is our senior Pastor. He and Darilynn founded New Life Church in 1983. Pastor Jeff enjoys woodworking, cycling, and hunting. Darilynn enjoys going for walks, running New Life's Jumpstart program, and playing with her grandkids. They have four grown children, two sons-in-law, and five wonderful grandchildren.

Day: Tuesdays
Time: 6:30-8:00pm
Place: Their Home in Lyman
Begins: January 24th
Open to: All
Open Slots: Currently Full



Contact Info:
207-499-2035
mither04@hotmail.com

Mike & Judy Jones

Judy has been a member of New Life for over 20 yrs, and Mike for over 10 yrs. They meet here, fell in love here and married here almost 6 yrs ago. They have 5 adult children between them.

Day: Fridays
Time: 6:30-8:30
Place: Their home in Biddeford
Begins: January 27th
Open to: All
Open Slots: 10



Contact Info:
207-590-2346
hdcruzer@hotmail.com

Ted & Anne Fournier

Ted and Ann have been married for 48 years. They have 4 adult children and 3 grandchildren. They love to study the Word of God. Ted spends much of his time hiking and truly enjoys the outdoors. He also loves to work with his hands as much as time allows.

Day: Tuesdays
Time: 6:30-8:30pm
Place: New Life
Begins: January 24th
Open to: All
Open Slots: 10

Contact Info:
207-602-9250

Sermon Based Groups

Andrey & Irina Malayev

Andrey and Irina have been married for 12 years and have 6 wonderful daughters. Irina loves classical music and teaches piano in her studio. Andrey is a business owner and loves to spend time with his family. He also has a love for birds of all kinds.



Day: Fridays
Time: 6:00-9:00pm
Place: Portland Area
Begins: Ongoing
Open to: All
Open Slots: Currently Full

This group is a **Russian speaking group**, but all interested in learning more about Russian culture are welcome!

Contact Info:
207-761-3874
andrey@landjewelers.com

Bob & Meg Sawyer

The Sawyer's have been married for 40 years this June. They have 2 adult children and one grandson. Bob loves fishing, golfing, and sailing. He volunteers in his community. Meg loves to travel.



Day: Thursdays
Time: 6:30-8:00
Place: Butlers home in Sanford
Begins: January 26th
Open to: All
Open Slots: Currently Full

Contact Info:
207-636-3162
bobmeqlake@metrocast.net

Sharon Michaud

Sharon and her husband have been married for 17 years. They have 5 children from 5 to 16 yrs. old. She enjoys spending time with her family, fellowshiping, and walking the beach.



Day: Wednesdays
Time: 9:30 - 11:00am
Place: Her Home in Saco
Begins: January 25th
Open to: Women
Open Slots: 7

Contact Info:
207-282-2831
ant.mich5@gmail.com

Sermon Based Groups

Nate Osgood

Nate is an associate Pastor here at New Life. He has a passion to see young people living lives that are making a difference in their generation. He enjoys cycling, rock climbing, skiing, and pretty

Day: Tuesdays
Time: 6:00 –7:00am
Place: New Life
Begins: January 23rd
Open to: Men
Open Slots: Currently Full

much anything else that takes him outdoors. Nate has a beautiful wife, Jamie and two children, Liana and Micah.



Contact Info:
207-229-0630

nate.osgood@newlifemaine.org

Matt & Alicia Osgood

Matt and Alicia have been married for seven years. They have 3 young children ages 5, 3, and 2. Matt enjoys hunting, fishing, and spending time with his family. Alicia has a

Day: Wednesdays
Time: 6:30 - 8:30pm
Place: Berthiaume's Home in Arundel
Begins: January 25th
Open to: Young Couples
Open Slots: Currently Full

heart for missions and enjoys traveling. She mostly loves taking care of her three wonderful children.



Contact Info:
207-284-3722

matt.osgood@newlifemaine.org

Dennis & Jackie Patterson

The Patterson's have been married for 33 yrs. They have three children and six grand-kids. Dennis enjoys reading, going to the gym, and taking afternoon naps when he's not working. Jackie enjoys doing projects

Day: Mondays
Time: 6:00—7:30pm
Place: Their home in Biddeford
Begins: January 23rd
Open to: All
Open Slots: 5

around the house, going to the gym, having coffee with friends, and knitting.



Contact Info:
207-282-9801

jacnden@yahoo.com

Sermon Based Groups

Mike & Mandy Faucher

Mike and Mandy have been married for almost 12 years. They share their home in Saco with their three great kids Christian, Lexie, and Benjamin. They enjoy gardening, camping, spending time in their pool and any other activity they can do as a whole family.

Day: Wednesdays
Time: 6:30-8:30
Place: Their home in Saco
Begins: February 8th
Open to: All
Open Slots: 4



Contact Info:
207-468-3274

Galatians5_25@rocketmail.com

Young Adult Group

Brian Gildart — Brian is a single guy who loves Jesus. He works for Beaulieu Logging company in Biddeford. He enjoys hiking, mountain biking, canoeing, hunting, and fishing. He has a four year old dog named Otis.

Day: Fridays
Time: 6:30-8:30
Place: Laflamme's Home in Biddeford
Begins: January 27th
Open to: Young Adults
Open Slots: 12



Contact Info:
207-423-5507

brian_gildart@yahoo.com

Peter & Joan Warren

Pete and Joan have been married for 15 years. They each have 2 grown children and 6 grand-kids. Pete retired after 33 years of teaching, and they're excited to be settling in Maine. They love the outdoors. Their heart is to invest in

Day: Mondays
Time: 6:15-8:30pm
Place: Their home in Dayton
Begins: January 23rd
Open to: All
Open Slots: Currently Full

kingdom of God, and the coming harvest, through relationships and prayer.



Contact Info:
203-804-0103

connectme2pw@gmail.com

Prayer Groups

Men's Prayer

Men of New Life! Join us early on Sunday mornings as we set the ground-work for God to move. We meet early and pray hard. God is in our midst as we lift up our pastors, church, community, and the world. There are two separate groups that meet. The first group is led by Larry Patoine and the second group is led by Pastor Jeff.



Leader: Larry Patoine
207-283-9272
ljpat1@maine.rr.com

Day: Sundays
Time: 1st Group 5:30 - 6:30 am
2nd Group 6:30 - 7:15 am
Place: New Life
Open to: Men
Begins: Ongoing

Women's Prayer

Women of New Life! Join us for this this all new Sunday Morning Prayer group! We meet each week to pray for our church, our families, and our community.



Leader: Deb Frank
207-239-6819

Day: Sundays
Time: 6:30-7:30am
Place: New Life Living Rooms
Open to: Women
Begins: Ongoing

Moms Praying for Adult Children

'You can do more than pray **after** you have prayed, but you can never do more than pray **until** you've prayed.' A mother's heart still beats in tune with her children, no matter how old they are. Please join us as we stand on the promises of God for our adult children."



Leader: Joan Warren
203-804-0103
joanhw@gmail.com

Day: 2nd & 4th Wednesdays each month
Time: 10:30-11:30am
Place: New Life Conference Room
Open to: Women
Begins: Ongoing

Study Groups

Hearing God's Voice

You CAN hear God's voice! Whether you are learning to hear the Lord's voice or have been moving in prophetic gifts, you will grow in these workshops. Learn biblical foundations that will sharpen your ability to hear accurate details from the Lord for personal direction or to encourage others. Through practical instruction, worship, interactive training exercises, these

Day: Tuesdays
Time: 6:30-8:30
Place: New Life
Open to: All
Begins: January 24th
Cost: \$10

evenings will leave you encouraged and equipped.



Leaders: Doug & Becky Hershey
207-233-2320

Conquering Your Enemies

Please join us on our journey into the Promised Land as we study the book of Joshua. We'll begin with a review of the book of Deuteronomy to remind us of all that God said to the people of Israel about their past, present and future. Then we'll cross the Jordan with them under the leadership of Joshua. What a great adventure awaits us!

Day: Thursdays
Time: 9:00 - 11:30am
Place: New Life
Open to: Everyone
Begins: January 26th
Cost: \$20



Leader: Susan McCarron
207-967-4296
suny@roadrunner.com

Study Groups

Living Free

There is a spiritual battle being waged daily against God's people. The result for those who fail to recognize the work of the enemy is a life of defeat and spiritual bondage. Discover how to live in the freedom, fullness and fruitfulness God has for you. *Living Free* will lead you into a new walk with the Lord, one filled with joy and fruitfulness. Live as you were meant to be in Christ.... live free!

Day: Sundays
Time: 3:00-6:00pm
Place: New Life
Open to: All
Begins: January 29th
Cost: \$5

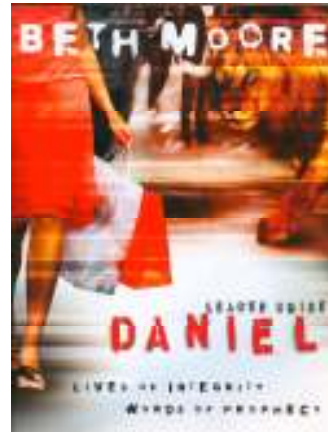


Leaders: Fred & Linda Shaw
603-679-5625
flshaw@myfairpoint.net

Daniel

The prophet Daniel faced unbelievable pressures to compromise his faith, to live in a hostile culture, and to confront temptations and threats. Today, believers in Jesus Christ face many of the same trials. Join Beth in a faith-building DVD study of prophecy and learn how to live with integrity in today's self-absorbed society.

Day: Thursdays
Time: 6:30—8:30
Place: New Life
Open to: Women
Begins: January 26th
Cost: \$15



Leaders:

Bette Beyea
207-409-1950
billbettebea@roadrunner.com

Kathy Keck
207-615-7750
kmanaka203@yahoo.com

Study Groups

The Truth Project

The Truth Project is a DVD-based curriculum taught by Dr. Del Tackett, President of Focus on the Family Institute. This study is the starting point for looking at life from a biblical perspective. Each lesson discusses in great detail the relevance and importance of living the Christian worldview in daily life. We believe this one project represents the possibility for exponential change within the body of Christ as thousands have been transformed by this curriculum. As it has been throughout history, God continues to call ordinary people to make an eternal difference in our

world. **This would be a great group if you live in southern York County, or in New Hampshire.**



Day: Fridays
Time: 6:30—8:30pm
Place: The Shaw's home in Epping, NH
Open to: All
Begins: January 27th
Open Slots: 8

Leaders: Fred & Linda Shaw
603-679-5625
fshaw@myfairpoint.net

Grief Share

If you are an adult who has experienced the loss of a loved one (parent, child, partner, friend) and would like to be in the company of others who have had a similar experience, you are welcome here. Please join us for 13 weeks of fellowship, sharing, and growing through one of life's most challenging experiences. Comfort and healing is available for you!



Day: Thursdays
Time: 6:30-8:00pm
Place: New Life
Open to: All
Begins: March 1st

Leaders: Ted & Vickie Wilcox
207-468-6746
vetuckerross@gmail.com
twilcoxme@gmail.com